4TH ANNUAL
Nebraska Stroke Symposium

Present Challenges and Future Hopes

Friday, November 11, 2005
Omaha Marriott Hotel
10220 Regency Circle
Omaha, Nebraska

Designed for Physicians, Nurse Practitioners, Physician Assistants, Nurses, Physical, Occupational and Speech Therapists, Social Workers and Emergency Medical Technicians

An Annual Conference Sponsored by:
Course Description
The purpose of this symposium is to provide and enhance current developing knowledge, research and practice in the field of acute stroke management and with special emphasis on the rehabilitation phase of the stroke patient and their families.

Intended Audience
This conference is intended for physicians, nurses, physician assistants, nurse practitioners, physical, occupational and speech therapists, social workers and emergency medical technicians caring for those patients and their families whose lives have been impacted by a stroke.

Objectives
At the conclusion of this activity, participants should be able to:

• Summarize the latest research findings and how this relates to the care of the stroke patient in the future
• Recognize assessment techniques used in the treatment of the acute phase of stroke management
• Review nursing care considerations of the stroke patient
• Identify motor control and gait adaptations used with the stroke patient
• Discuss interventions that can be used to improve swallowing and communication with the stroke patient
• Explain psychological barriers that impact patients and their families
• Calculate economic considerations that impact the patient with stroke and their families
• Discover home adaptation resources for stroke patients and their families

Accreditation
Alegent Health is accredited by the Nebraska Medical Association Commission on Medical Education to sponsor continuing medical education for physicians. Alegent Health designates this educational activity for up to 5.0 credit hours in category 1 credit towards the AMH Physician's Recognition Award. Each physician should claim only those hours that he/she actually spent in the activity.

This program has been reviewed and is acceptable for 5.0 Prescribed hours by the American Academy of Family Physicians.

5.0 (SLP) hours approved by the Nebraska Board of Audiology and Speech-Language Pathology.

6.0 contact hours awarded. Alegent Health is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation.

This program is approved for CEUs under 645.280.1(1) of the Iowa Board of Social Work Examiners for continuing education. Alegent Health is an Iowa Board of Social Work approved provider #125, 5.0 hours.

This program meets the criteria of an approved continuing education program for Social Workers in Nebraska, 5.0 hours.

This program meets the criteria for 5.0 hours of continuing education for Nebraska occupational therapists and occupational therapy assistants.

This program meets the criteria for 5.0 hours of continuing education for Iowa occupational therapists and occupational therapy assistants.

This program meets the criteria for 5.0 hours of continuing education for Nebraska physical therapists and physical therapy assistants.

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<th>Time</th>
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<td>7:30 a.m.</td>
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| 8 - 8:05 a.m. | Introduction  
* Thomas A. Franco, M.D.                                      |
| 8:05 - 8:45 a.m. | Stroke Horizons - Future Research and Care of the Stroke Patient  
* William Thorell, M.D.                                  |
| 8:50 - 9:30 a.m. | Acute Assessment and Management of the Stroke Patient  
* Pierre Fayad, M.D.                                     |
| 9:30 - 9:45 a.m. | Break - Visit Exhibits                                                  |
| 9:45 - 10:25 a.m. | Nursing Care Consideration of the Stroke Patient  
* Pamela Smith, MS, CRRN, APRN, BC                           |
| 10:30 - 11:10 a.m. | Motor Control and Gait Adaptations  
* Thomas A. Franco, M.D.                                    |
| 11:15 - 11:45 a.m. | Evidence Based Interventions in Swallowing and Communication  
* Mark Hakel, Ph.D., CCC-SLP                                 |
| 11:50 a.m. - 1 p.m. | Lunch - Visit Exhibits                                                 |
| 1 - 1:30 p.m. | Psychological Issues  
* Jill McConnell, PsyD                                          |
| 1:35 - 2:05 p.m. | Economic Consideration  
* Houston Doane, Financial Planner                                 |
| 2:10 - 2:50 p.m. | Home Adaptation Panel Discussion  
- Driving Following a Stroke                                      
- Use of New Technology in Upper Extremity Motor Control          
- Mobilization/Transfers                                           
  * Jennifer Larson, OTR/L, Jennifer Spiegel, OTR/L,  
  Kelli Eaton, OTR/L, Ann Streeter, MSPT                           |
| 2:50 - 3 p.m. | Summary, Closing, Questions  
* Thomas A. Franco, M.D.                                         |
### Registration
The fee to attend this conference is $65 and includes continuing education hours, course materials, continental breakfast and lunch. The fee is waived for medical students and residents. Please register by November 7, 2005. Early registration is strongly advised. Registration at the door is $75.

### Cancellation
Please call (402) 572-3641 by November 9, 2005. No refunds will be given after November 9.

### Emergency Phone
- (402) 399-9000 Identify the Alegent Health Stroke Conference

### Conference Location and Lodging
Omaha Marriott
10220 Regency Circle
Omaha, Nebraska
(402) 399-9000

### Parking and Driving Directions
Convenient and free surface parking. The Marriott is located off I-680. Dodge Street East Exit: Stay in right lane for Regency Parkway ramp. Follow signs for Regency Parkway. Turn right on Regency Circle (2nd light). Marriott is on the right. Driving directions from Sioux City, Des Moines and Kansas City will be sent with your confirmation upon request.

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### REGISTRATION FORM
4th Annual Nebraska Stroke Symposium
November 11, 2005

**Please print or type.**

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**FEE:**
- $65
- Medical Residents & Medical Students No Charge
- I have enclosed a check made payable to Alegent Health for $65.

**Please mail this registration form to:**
Alegent Health Continuing Medical Education
6901 North 72nd Street
Omaha, Nebraska 68122

Please register by November 7, 2005
Faculty

Thomas A. Franco, M.D.
Medical Director,
Immanuel Rehabilitation Center
Alegent Health
Omaha, Nebraska

William Thorell, M.D.
University of Nebraska Medical Center
 Omaha, Nebraska

Pierre Fayad, M.D.
Reynolds Centennial Professor and Chairman
Department of Neurological Sciences
The University of Nebraska Medical Center
 Omaha, Nebraska

Pamela Smith, MS, CRRN, APRN, BC
Neurosciences Clinical Nurse Specialist
Stroke Program Coordinator
Research Medical Center
Kansas City, Missouri

Mark Hakel, Ph.D., CCC-SLP
Director of Education
Madonna Rehabilitation Hospital
Lincoln, Nebraska

Jill McConnell, PsyD
Immanuel Rehabilitation Center
Alegent Health
Omaha, Nebraska

Houston Doane
LIFE
Lincoln, Nebraska

Angie Lampe, OT
Immanuel Rehabilitation Center
Alegent Health
Omaha, Nebraska

Kelli Eaton, OTR/L
Nebraska Methodist Hospital
Omaha, Nebraska

Jennifer Larson, OTR/L
Alegent Health
Immanuel Rehabilitation Center
Omaha, Nebraska

Jennifer Spegel, OTR/L
Alegent Health
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Ann Streeter, MSPT
Methodist Hospital
Omaha, Nebraska

Planning Committee

Rajaena Appleby, MS
American Heart Association
Omaha, Nebraska

Bob Bathke
Nebraska Stroke Foundation/ AARP
Omaha, Nebraska

Marilyn Cahalane, RN, BSN
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Donna Hammack, MS
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Marcia Merboth, MSN, APRN, BC
Bryan LGH Medical Center
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Lincoln, Nebraska

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Trina White, PT, MS, CWS
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Omaha, Nebraska

Sally O’Neill, Ph.D.
Creighton University Medical Center
Omaha, Nebraska

Jill Powers, OTR/L, Operations Leader
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Omaha, Nebraska

Phyllis Zimmermann, RN, BLS
Nebraska Methodist College
Omaha, Nebraska

Course Director

Thomas A. Franco, M.D.
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Immanuel Rehabilitation Center
6901 North 72nd Street
Omaha, Nebraska