Behavioral Health Clinic Locations

Omaha - Lincoln Metro

**Boystown Pediatrics**
1414 S. Washington Street
Papillion, NE
(402) 827-4905

**Creighton Medical Center**
601 N. 30th Street
Omaha, NE
(402) 280-4580

**UMA Eagle Run**
13708 W. Maple Road
Omaha, NE
(402) 595-3993

**Physician’s Clinic - Valley**
625 Pine Street
Valley, NE
(402) 359-2277

**Complete Children’s Health - East Office**
8201 Northwoods Office
Lincoln, NE
(402) 465-5600

**Outreach**

**Chadron Medical Clinic**
300 Shelton
Chadron, NE 69337
(308) 432-4441

**CCH Pediatric Clinic**
4508 38th Street
Suite 165
Columbus, NE
(402) 562-4444

**Legend Buttes Health Center**
11 Paddock Street
Crawford, NE 69339
(308) 665-1771

**Crete Area Medical Center**
2910 Betten Drive
Crete, NE
(402) 826-2102

**Gordon Medical Clinic**
807 N. Ash
Gordon, NE 69343
(308) 282-1442

Behavioral Health Clinic
Faculty and Staff

**Joseph H. Evans, Ph.D.**
Director, Department of Psychology
Licensed Psychologist
Professor, Pediatrics

**Jodi Polaha, Ph.D.**
Director, Behavioral Health Clinics
Licensed Psychologist
Associate Professor, Pediatrics

**Judith R. Mathews, Ph.D.**
Licensed Psychologist
Associate Professor, Pediatrics

**Rachel Valleley, Ph.D.**
Licensed Psychologist
Assistant Professor, Pediatrics

**Stephanie Cooper, Ph.D.**
Licensed Psychologist
Adjunct Assistant Professor, Pediatrics

**Cate Jones-Hazledine, Ph.D.**
Provisionally Licensed Psychologist
Assistant Professor, Pediatrics

**Tawnya Meadows, Ph.D.**
Licensed Psychologist
Assistant Professor, Pediatrics

**Connie Schnoes, Ph.D.**
Licensed Psychologist

**Amanda Volkmer, M.S., NCC**
Mental Health Practitioner
Provisionally Licensed

**Holly Roberts, Ph.D.**
Mental Health Practitioner
Provisionally Licensed

**Nancy Foster, Ph.D.**
Provisionally Licensed Psychologist

**Emily Warnes, Ph.D.**
Provisionally Licensed Psychologist

**Corrie Davies, Ph.D.**
Provisionally Licensed Psychologist

**Jody Lieske, M.A.**
Mental Health Practitioner
Provisionally Licensed

For additional information, please contact:
Munroe-Meyer Institute
Psychology Department
University of Nebraska Medical Center
(402) 559-6408 or (800) 656-3937 ext. 9-6408
Questions and Answers About Behavioral Health Clinic

Q. What is Behavioral Health Clinic?
A. Behavioral Health Clinic (BHC) is an integrated specialty clinic which provides services to children, adolescents, and their families for developmental, behavioral, emotional, social, and academic problems. BHC is a cooperative effort between your physician and the Psychology Department at the Munroe-Meyer Institute (MMI), University of Nebraska Medical Center in Omaha.

Q. Who operates the clinic?
A. Services at BHC are provided by faculty, staff, and students from MMI who are specially trained in behavioral pediatric psychology. Clinical services are supervised by licensed psychologists.

Q. What kind of problems or conditions are seen at BHC?
A. BHC collaborates with your physician to provide comprehensive assessment and treatment for a wide range of problems at home and school, including:
- Attention Deficit Hyperactivity Disorder (ADHD)
- Oppositional, defiant, aggressive, and destructive behaviors
- Academic and school behavior problems
- Anxiety and depression
- Chronic pain
  - Migraine
  - Abdominal pain
- Adherence with medical treatment
- Developmental disabilities
  - Autism
  - Mental retardation
- Elimination problems
  - Enuresis (bed-wetting)
  - Encopresis (soiling)
  - Toilet training
- Fears and phobias
- Feeding problems
- Obsessions and compulsions
- Sleep problems
  - Bedtime resistance
  - Night-time awakening
  - Sleep/wake schedule problems
- Psychoeducational assessment and school consultation
- Tic and habit disorders

Q. How is treatment conducted?
A. Usually, both the child and parents attend all sessions. During the first session, parents are interviewed to determine the nature of the problem and a potential course of treatment. Additional sessions are usually scheduled weekly or every other week. The number of additional sessions depends on the nature and severity of the problem, but a total of four to ten visits is common.

Q. Will my health insurance cover services at BHC?
A. Services at BHC are covered under the mental health portion of many insurance plans, including Medicaid. If you are not sure about coverage, contact your insurance carrier or the benefits office at your place of employment and ask about your coverage. Individuals seen at BHC are registered as patients in the Munroe-Meyer Institute system which is responsible for all billing and record management.

Q. How do I make an appointment at BHC?
A. Contact your physician for a referral to Behavioral Health Clinic.