COMMUNITY RESOURCES: SARPY COUNTY, NEBRASKA

SERVICES FOR THE ELDERLY  (Case management services, mobile meals, respite and companions, housekeeping, yard work, volunteer opportunities, info and referral)

Eastern Nebraska Office on Aging   111 W. 22 Ave., Bellevue      293-3041/444-6444

COUNSELING AND MENTAL HEALTH SERVICES

Alegent Health Psychiatric Assoc. 1309 Harlan Dr., #206; Bellevue      291-6789
1414 S. Washington St., #202; Papillion  827-4300

Christian Counseling Center     Hwy 370 & Gold Coast Rd., Papillion  331-3477

Heartland Family Services 116 East Mission Ave., Bellevue  553-3000
1246 Golden Gate Dr., Papillion  553-3000

Great Plains Counseling Center  205 Galvin Rd. N.; Bellevue  292-7712

Lutheran Family Services  728 Fort Crook Rd. North, Bellevue  292-9105
1201 Golden Gate Dr., Papillion  592-0639

DEMENTIA  (Alzheimer's and other causes: support groups, educational programs and materials, respite services, financial assistance, information and referral)

Alzheimer's Association-Midlands Chapter  572-3010
7101 Newport Ave. #305; Omaha

FINANCIAL ASSISTANCE/SOCIAL SERVICES

Nebraska Dept.of Health & Human Services:
Information/Food Stamps/Financial & Medical Asst  595-3400
Emergency & Energy Assistance  595-3608
Adult Protective Services (24-hour)  (800) 652-1999

Veterans Services  1308 Gold Coast Rd., Papillion  593-2203

FITNESS

Mind and Body Shop     2200 Franklin St.,Bellevue  827-9196
YMCA Sarpy County Community Center  1111 E. First St., Papillion  339-9861

(YMCA programs include exercise/aquatic exercise, Yoga, weight management and computer classes, and card and book clubs. Fees are based on ability to pay.)

HANDICAP PARKING PERMITS
Sarpy County Clerk's Office  593-2114
HOME SERVICES (Medical/Non-Medical)
Alegent Health Home Care 898-8000
Care Consultants For The Aging 398-1848
Comfort Keepers 991-9880
Home Instead Senior Care 292-6611
Kind Hearts, Inc. 339-7727
Lifeline Emergency Response System 829-3277
Presbyterian Outreach (Loaned medical equipment, in-home respite) 341-6559
Right At Home 697-7537

NUTRITION
CONGREGATE MEAL AND RECREATION SITES (*Transportation available)
Bellevue Senior Center * 111 W. 22 Ave., Bellevue 293-3041
Gretna Over 60 Center 204 N. McKenna Ave., Gretna 332-4100
La Vista Senior Center 8116 Park View Blvd., La Vista 331-3455
Papillion Senior Center * 1001 Limerick Rd., Papillion 597-2059

DELIVERED MEALS
Eastern Nebraska Office on Aging 293-3041/444-6444
Seattle Sutton’s Healthy Eating 7940 Harrison St. La Vista 932-6021

NURSING HOMES (* Facility has a Dementia Unit)
Gretna Community Living Center 700 Highway 6, Gretna, 322-3446
Hillcrest Care Center 1702 North Hillcrest Dr., Bellevue 291-8500
Huntington Park Care Center * 1507 Gold Coast Rd., Papillion 339-6010
Papillion Manor 600 South Polk St., Papillion 339-7700

PHARMACIES THAT DELIVER PRESCRIPTIONS
Kohll’s Pharmacy 1413 S. Washington St. Papillion 331-8632

RETIREMENT COMMUNITIES (*Assisted living services)
Bellevue Place 1808 Warren St., Bellevue 292-0423
Bellevue Courts 1002 Bellewood Court, Bellevue 292-3300
Granville Villa * 8507 Granville Parkway, La Vista 933-6405
Gretna Plaza 210 East Glenmore, Gretna 339-8059
Harmony Court 1802 Wall St., Bellevue 291-4200
Immanuel Trinity Village * 522 West Lincoln St., Papillion 614-5500
Mable Rose Estates * 4609 Hilltop St., Papillion 291-9777
Mission House Vue 406 East Mission Ave., Bellevue 292-0423
Monarch Villa 301 East Cedardale Rd., Bellevue 331-6882
Richmont Village 702 Fort Crook Rd. South, Bellevue 291-9800
Silver Ridge * 20332 Hackberry Dr., Gretna 332-4280
Springfield Heights 445 North 2nd St., Springfield 339-8059
Tregaron Residences 2815 Greenwald Dr., Bellevue 292-1818
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<tr>
<td>Victoria Gardens *</td>
<td>1702 North Hillcrest, Bellevue</td>
<td>291-8500</td>
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<td>Wel-Life *</td>
<td>801 North Adams St., Papillion</td>
<td>339-1775</td>
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<tr>
<td>The Wellington</td>
<td>501 East Gold Coast Rd., Papillion</td>
<td>331-3101</td>
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**RESPITE CARE** *(In the home)*
- Comfort Keepers                  991-9880
- Eastern Nebraska Office on Aging 444-6444
- Home Instead Senior Care        292-6611
- Kind Hearts, Inc.               339-7727
- Presbyterian Outreach, Inc.      341-6559
- Respite Resource Center         996-8443
- Right At Home                   697-7537

**SUPPORT/SELF-HELP GROUPS** *(Meeting in Sarpy County)*
- Al Anon (Families of Alcohol Abusers) 553-5033
- Amputee Support Group            733-4954

**TRANSPORTATION** *(Free/low cost for elderly/disabled)*
- Bellevue Mini-Bus Service       293-3138
- Papillion Mini-Bus Service      680-3970
- Eastern Nebraska Office on Aging 444-6470
- Golden Carriage (Volunteers with cars) 444-6558
- Veteran's Services-VA Medical Cr. 346-8800 x3345
- Disabled American Veterans      346-8800 x3453

*COMPILED BY* Susan V. Murray, MSW, CMSW
University of Nebraska Medical Center
Section of Geriatrics & Gerontology
July 2004