Univerisity of Nebraska Medical Center
Physical Therapy Education
Presents:

**Topic Title:** “When I am old, I will wear purple, or anything I want”
Strategies for Managing Behavior Problems in the Older Patient/Client with Dementia

**Date/Time:** January 23, 2007 from 7-9 pm

**Cost:** Free; no registration necessary!

**Location:** Durham Research Center Room 1002 (Ampitheater) UNMC campus, Omaha, NE with transmission to College Park, 3180 W US Highway 34, Grand Island, NE 68801 Grand Island, NE

**Target Audience:** PT’s, PTA’s, or any interested health care provider

**CEUs:** Continuing Education Credit .2 CEUs (2 contact hours) has been approved for this seminar from the NPTA

**Course Description:** This presentation describes common behavior problems of the older adult, including rationale for why behavior problems happen and how the geriatrician approaches the initial evaluation of the client with these types of issues. Strategies for managing behavior problems of older patients/clients will be discussed. Specific tips on methods to gain cooperation from clients for rehabilitation will be highlighted.

**Objectives:** Following this presentation, the learner should be able to:
1. Define common Behavior and Psychotic Symptoms observed in Dementia (BPSD) patients.
2. List the current non-pharmacologic BPSD management techniques and their evidence.
3. Explain the process used by physicians and psychologists when evaluating behavioral issues in older adults with dementia.
4. Describe effective behavior management techniques that assist health care providers in achieving patient cooperation with therapy and care.

**NEB-GEC:** This seminar meets the criteria for one of the requirements of the physical therapy mini-fellowship offered through the Nebraska Geriatric Education Center (NEB-GEC), originally funded through HRSA. Due to federal budget deficits, the HRSA funding was cut; however, Physical Therapy Education has remained committed to providing quality programming on geriatric health care. Questions about this programming may be directed to Gail Hackendahl, PT Education, 402-559-8173.

**Presenters:**
Edward V. Vandenberg, MD is an Assistant Professor in the Section of Geriatrics, Department of Internal Medicine at UNMC. He is Medical Director at the Thomas Fitzgerald Veterans Home, Omaha, NE and is Co-Director of the Nebraska Geriatric Education Center (NEBGEC). Dr. Vandenberg is a founding member Nebraska’s Task Force on Quality Improvement in End of Life Care in Nursing Homes.

Theodore DeLaet, PhD is a Licensed Psychologist with a private practice. He regularly provides consultation at the Thomas Fitzgerald Veterans Home in Omaha, NE where he is involved in neuropsychological assessment, care planning, development of behavior management plans for persons with either mental illness and/or dementia, and assists in staff training on behavior management competencies. He is also an adjunct faculty member to the Counseling Department at the University of Nebraska at Omaha.

**Directions:**
Durham Research Center is located on the far West end of campus. Park in the Patient/Visitor Parking Structure across the street.
UNMC Physical Therapy Education

Invites you to attend a 2-hr evening conference on Tuesday January 23, 2007

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Presented by:
Edward V Vandenberg, MD
Theodore DeLaet, PhD

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& transmitted to College Park, Grand Island, NE

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