

I Love UNMC Video Contest Submission Form

Entry Information

Date of Entry:

Title of Entry:

Names of Entrants and Department/College:

Campus or Home Address:

City:

State:

Zip code:

Phone:

E-Mail:

Category:

(please check all that apply)

Student

Employee

Alumni

Friend

How did you hear about the contest?

Video Specs

We can accept almost any video format for upload, but for most users we have found the following settings give us the best results to upload to UNMC's YouTube site:

File format: .mpg; .mp4; .mov; .flv; .avi; .wmv. No flash files please.

Resolution: 640x480 pixels

Audio Format: MP3

Frames per second: 30

Maximum length: 2 minutes

Maximum file size: 500 MB

Signature:

Date:

By signing this form, you acknowledge that you have read and agree to the official contest rules at www.unmc.edu/iloveunmc/rules.htm.