Rural Outreach Behavioral Health Clinic Locations

Rural Sites

Chadron Medical Clinic
300 Shelton
Chadron, NE 69337
(308) 432-4441

CCH Pediatric Clinic
4508 3rd Street
Suite 165
Columbus, NE 68601
(402) 562-4444, Option 5

Legend Buttes Health Center
11 Paddock Street
Crawford, NE 69339
(308) 665-1771

Crete Area Medical Center
2910 Betten Drive
Crete, NE 68333
(402) 826-2102

Gordon Medical Clinic
307 W. Ash
Gordon, NE 69343
(308) 282-1442

Children & Adolescent Clinic, P.C.
Hastings Medical Park
2115 N. Kansas Avenue
Hastings, NE 68901
(402) 463-6828

Kearney Behavioral Health Clinic
211 W. 33rd Street
P.O. Box 670
Kearney, NE 68845
(308) 826-2141

Plum Creek Medical Group
1103 Buffalo Bend
P.O. Box 797
Lexington, NE 68850
(308) 324-6186

UNMC Physicians
2380 W. 8th Street
Plattsmouth, NE 68048
(402) 296-6009

Rushville Medical Clinic
308 W. 3rd
Rushville, NE 69360
(308) 327-2757

Omaha Outreach Sites

Creighton Medical Center
601 N. 30th Street
Omaha, NE 68131
(402) 280-4580

General Pediatrics - University of Nebraska Medical Center
Emile at 42nd Street
Omaha, NE 68198-2167
(402) 559-4208

UNMC Physicians - Eagle Run
13708 W. Maple Road
Omaha, NE 68164
(402) 393-3993

Boys Town Pediatrics
1414 S. Washington St.
Papillion, NE 68046
(402) 827-4905

Collaborating Sites

Behavioral Health Solutions - Nebraska City and Omaha
Amanda Volker, M.S.

Complete Children's Health - East Office, Lincoln
Corrie Davies, Ph.D.

Columbus Community Health Center
Beth Ehrisman

Questions and Answers About Rural Outreach Behavioral Health Clinics

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Nancy Foster, Ph.D.
Licensed Psychologist
Assistant Professor, Pediatrics

Connie Schmoes, Ph.D.
Licensed Psychologist

Emily Warnes, Ph.D.
Licensed Psychologist

Torri Smith, M.S., BCBA
Licensed Mental Health Practitioner

Holly Roberts, Ph.D.
 Provisionally Licensed Psychologist

Stacy Koose, Ph.D.
 Provisionally Licensed Psychologist

Valerie Gortmaker, Ph.D.
 Provisionally Licensed Psychologist

Blake Lancaster, Ph.D.
 Provisionally Licensed Psychologist

Heather Magee, M.A.
 Provisionally Licensed Psychologist

Ariadne Scherm, M.A.
 Mental Health Practitioner
 Provisionally Licensed
Questions and Answers About Rural Outreach Behavioral Health Clinics

Q. **What is Behavioral Health Clinic?**
A. **Behavioral Health Clinic (BHC)** is an integrated specialty clinic which provides services to children, adolescents, and their families for developmental, behavioral, emotional, social, and academic problems. BHC is a cooperative effort between your physician and the Psychology Department at the Munroe-Meyer Institute (MMI), University of Nebraska Medical Center in Omaha.

Q. **Who operates the clinic?**
A. Services at BHC are provided by faculty, staff, and students from MMI who are specially trained in behavioral pediatric psychology. Clinical services are supervised by licensed psychologists.

Q. **What kind of problems or conditions are seen at BHC?**
A. BHC collaborates with your physician to provide comprehensive assessment and treatment for a wide range of problems at home and school, including:
  - Attention Deficit Hyperactivity Disorder (ADHD)
  - Oppositional, defiant, aggressive, and destructive behaviors
  - Academic and school behavior problems
  - Anxiety and depression
  - Chronic pain
    - Migraine
    - Abdominal pain
  - Adherence with medical treatment
  - Developmental disabilities
    - Autism
    - Mental retardation
  - Elimination problems
    - Enuresis (bed-wetting)
    - Encopresis (soiling)
    - Toilet training
  - Fears and phobias
  - Feeding problems
  - Obsessions and compulsions
  - Sleep problems
    - Bedtime resistance
    - Night-time awakening
    - Sleep/wake schedule problems
  - Psychoeducational assessment and school consultation
  - Tic and habit disorders

Q. **How is treatment conducted?**
A. Usually, both the child and parents attend all sessions. During the first session, parents are interviewed to determine the nature of the problem and a potential course of treatment. Additional sessions are usually scheduled weekly or every other week. The number of additional sessions depends on the nature and severity of the problem, but a total of four to ten visits is common.

Q. **Will my health insurance cover services at BHC?**
A. Services at BHC are covered under the mental health portion of many insurance plans, including Medicaid. If you are not sure about coverage, contact your insurance carrier or the benefits office at your place of employment and ask about your coverage. Individuals seen at BHC are registered as patients in the Munroe-Meyer Institute system which is responsible for all billing and record management.

Q. **How do I make an appointment at BHC?**
A. Contact your physician for a referral to Behavioral Health Clinic.

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For additional information, please contact:
Munroe-Meyer Institute:
Psychology Department
University of Nebraska Medical Center
(402) 559-6400 or (800) 659-3507 ext. 9-6408