PRESSURE SORE RISK & CARE

S enory loss (unable to perceive to protect)
Ö ose (moisture skin is exposed to)
Rstricted (activity & mobility)
E at = nutrition assessment
S heat = friction on skin

**************6 STAGENS*************************

Stage 1: pressure-related, color change, skin intact
Stage 2: partial thickness (epidermis & dermis)
Stage 3: full thickness to fascia (not through)
Stage 4: full thickness thru fascia & deeper
Suspected Deep Tissue injury: Blister or discolored skin, boggy
Unstageable: Full thickness tissue loss; covered by eschar or slough

*************DRESSINGS***********************

DRESSING TYPE

<table>
<thead>
<tr>
<th>WOUND</th>
<th>Low</th>
<th>Moderate</th>
<th>Heavy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stage 1</td>
<td>film or</td>
<td>- hydrocollod sheet or hydrogel</td>
<td>- alginate 6 plus film cover</td>
</tr>
<tr>
<td>or Skin Tear</td>
<td>thin hydrocollod</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stage 2</td>
<td>- hydrocollod sheet or hydrogel</td>
<td>- hydrocollod sheet</td>
<td>- alginate 6 plus film cover</td>
</tr>
<tr>
<td>Stage 3 &amp; 4</td>
<td>- hydrogel plus gauze or film</td>
<td>- alginate rope or pad plus film cover</td>
<td>- alginate rope or pad plus</td>
</tr>
<tr>
<td>Stage 3 &amp; 4</td>
<td>Silver Dressings</td>
<td>Silver Dressings</td>
<td>Silver dressings</td>
</tr>
</tbody>
</table>

Debridement: Infected - Surgical (ASAP), Surgical - Papain-chlorophyll-replicase
Non-infected - Collagenase 0, Autolysis (least preferred)

Sources: Braden Scale (Braden & Bergstrom), Pat Boynton RN, John Morley MD
for more explanation see: Web site, geriatrics.unmc.edu click on GERI pearls evv 5/7/11

1: transparent film = Tegaderm, OpSite, Biofusefast, Polyskin
2: hydrocollod = Duoderm, Tenacol, Intracol, Comfeel, Vigilan, RepliCade
3: alginate = Invacare, Dermagran, NU Derm, Tegaderm HG, Maxorb Extra.
4: foam dressings to absorb moisture: Allevyn, Lyofoam, Curafilm, Tegaderm Foam
5: Collagenase’s = Santyl, Hypergel, Nu-gel
6: Hydrogel’s = Aquaphor, Dermagran, Transeal, Curafilm Gel, Vigilan, Restore
7: Silver dressings = Silvercel, Acticoat, Silvadene, Aquacel Ag.

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