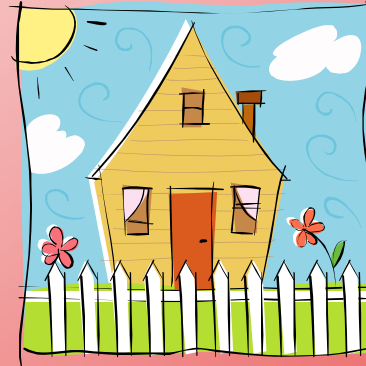


# Household Preparedness

5<sup>th</sup> Annual BT Symposium  
Kearney, Nebraska  
March 13, 2007



Michele Bever, PhD

Public Health Risk Coordinator

South Heartland District Health Department

# The Why....



# The What ....



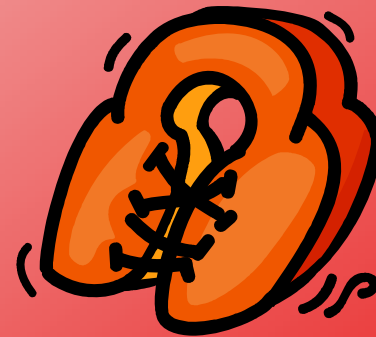
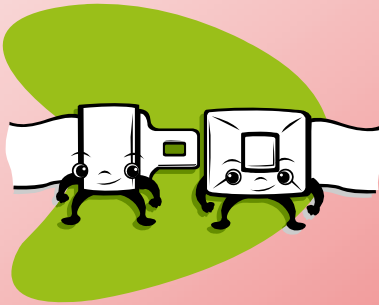
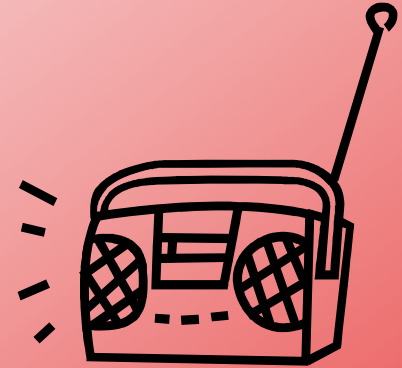
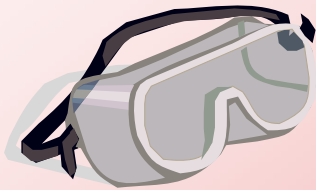
# The What ....

**What types of events or situations do we need to be prepared for in Nebraska?**



# The Why ....

**Preparedness: Better to be Safe Than Sorry!**



# The Why ....

**Preparedness: Better to be Safe Than Sorry!**

*What are our barriers to preparedness?*



# The How...



# The How...

❖ Don't have to prepare for each potential threat separately:  
Try an "All Hazards" Approach

❖ Red Cross Suggests:

- ✓ Have an Emergency Preparedness Kit ready
- ✓ Create a Family Communications Plan
- ✓ Be Informed



# The How...

## ❖ Emergency Preparedness Kits



# The How...

## ❖ Emergency Preparedness Kits

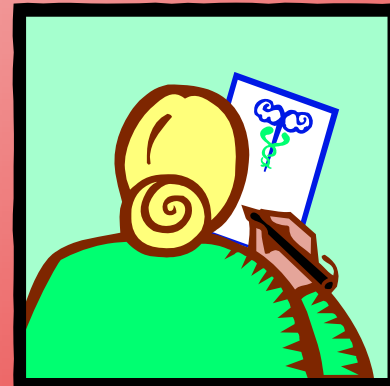
- ✓ Non-Perishable Food Items
- ✓ Bottled Water
- ✓ First Aid Items, Medicines
- ✓ Hand-Crank or Battery Radio
- ✓ Flashlight with Batteries
- ✓ Hygiene Products
- ✓ Tools
- ✓ Copies of Important Documents



# The How...

## ❖ Important Information

- ✓ **Medical and Insurance Information for each member of the household**
- ✓ **Emergency Contact Information**
- ✓ **Family Emergency Plan**



# The How...

## ❖ Other Things to Consider:

✓ Children's Activity Survival Kit

✓ Pets

✓ Heirlooms

✓ Living Wills and Power of Attorney



# The How...

❖ You don't have to do it alone!



*The only thing more difficult  
than planning would be  
explaining why you did not  
do it!*

-- Marja Esveld

Healthcare Inspectorate, The Netherlands