

# CityMatCH Training for Evidence-Based Teen Pregnancy Prevention: *Request for Participation*



*“Significant funding for evidence-based teen pregnancy prevention programs has now passed Congress and been signed into law. One hundred million will soon be available for competitive grants to a wide range of public and private organizations for evidence-based teen pregnancy prevention programs.”*

– The National Campaign to Prevent Teen and Unplanned Pregnancy

CityMatCH would like to help our members seize this important opportunity! Therefore, we are partnering with Healthy Teen Network and the

National Campaign to Prevent Teen and Unplanned Pregnancy to offer an in-depth training that will begin in late March and run through the federal application process. The purpose of this training initiative will be:

***To prepare participating communities to competitively apply for new federal grants to implement evidence-based teen pregnancy prevention programs.***

**Participation is offered at no-cost to CityMatCH member communities**, and will include:

- Expert training and consultation on the first six steps (i.e. Phases 1 & 2) of the Getting to Outcomes (GTO) planning process, the core planning tool used in the Science-Based Approach to Teen Pregnancy Prevention.
  - One webcast providing in-depth information on: 1) forming a community consortium for teen pregnancy prevention, 2) conducting a thorough community needs assessment, and 3) establishing consensus prevention goals.
  - One two-and-a-half-day onsite training to provide in-depth skills building and actual grant writing time on: 1) the selection of science-based prevention programs, 2) tailoring programs to fit community dynamics, 3) building consortium capacity to implement the programs, and 4) clearly articulating the overall prevention plan.
- A dedicated faculty member to provide expert ongoing technical assistance and follow-up throughout the training and grant application process.
- Dedicated time for grant writing during the on-site training (provided that the federal RFA has been released).



While participation in this training does not ensure federal funding, the vision is to enable participating communities to submit competitive, quality applications.

**Participation is limited!** CityMatCH has funding to include five to seven community teams in the training. In order for CityMatCH to select communities that demonstrate readiness as well as need, we ask that interested members complete the following Request for Participation.

With teen pregnancy rates on the rise and MCH budgets enduring multiple cuts, we have designed this training to promote this essential work during difficult times. We hope you will take this opportunity to build critical skills and capacity for implementing evidence-based teen pregnancy prevention programs in your community. This Request for Participation contains three brief sections noted below.

**1) Consortium Members:** Who will be involved from your community in this training on evidence-based teen pregnancy prevention?

**2) Community Needs Assessment:** What are the underlying needs and conditions that must be addressed in your community?

**3) Statement of Need:** Briefly explain how your community would benefit from this training.

The information you submit in this Request for Participation will be used by CityMatCH to select five to seven communities for the training. Objective reviews will be conducted by multiple reviewers evaluating: 1) the thoroughness of the submission, 2) the demonstrated need for the training, and 3) the readiness of the community to engage in the work. If you have any questions while completing this Request for Participation, please call one of the CityMatCH staff members listed below – we are always happy to help (402-561-7500).

We look forward to working with you!



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Education and Training Manager



Sarena Dacus  
Project Coordinator



Chad Abresch, MEd  
Policy and Communication Manager

## Preliminary Training Timeline

- February 24, 2010 – Training initiative announcement
- March 3, 2010 – Informational Call for all communities interested in applying
  - Time: 3:00 - 4:30pm Eastern (2 CT, 1 MT, 12 PT)
  - Dial: 866-740-1260
  - Access Code: 5617526
- March 17, 2010 – Request for Participation due date
- March 22, 2010 – CityMatCH announcement of selected communities for training participation
- April 5, 2010 – Training Webcast on needs assessment and developing program goals.
- May 5 - May 8, 2010 – In-person training on selecting evidence-based programs, fitting programs to the community context, building capacity, and developing the program plan along with on-site grant writing time.

# I. Consortium Members

A foundational component of the Science-Based Approach to Teen Pregnancy Prevention is the formation of a diverse community consortium to guide prevention efforts. In this section of the Request for Participation, we ask you to identify community partners who will be involved in the training and subsequent prevention work.

- The CityMatCH-member health department must participate.
- At a minimum, four community partners must agree to participate in this training initiative (the consortium should grow beyond that over the course of the training).
- If an existing consortium in your community is already addressing teen pregnancy prevention (or would like to begin addressing the topic), you are encouraged to use this group.

1. Please provide us with some basic information about yourself (the CityMatCH member representative) and your health department.

Name, Credentials:	Health Department:
Phone:	Email:

2. Will you be forming a new community consortium or utilizing an existing group?

New Consortium

Existing Consortium

For an **existing consortium**, please provide the group’s name and a brief description of its current scope of work:

3. Whether you are utilizing an existing group or forming a new consortium, which community groups, organizations, clubs, individuals, etc. will be represented in the consortium (a minimum of four groups in addition to the health department are required for this application). Please list yourself (the CityMatCH member) on the first line.

	Member Name	Representing (e.g. agency, club, etc.)
<b>Required</b>	1.	
	2.	
	3.	
	4.	
	5.	

<b>Optional</b>	6.	
	7.	
	8.	
	9.	
	10.	
	11.	
	12.	
	13.	
	14.	
	15.	

## **II. Community Needs Assessment**

Assessing the population you intend to serve should provide concrete information about the prevalent sexual behaviors and the associated risk and protective factors. In this section of the Request for Participation, we ask you to provide initial assessment data from your local community. Selected communities will receive assistance with any remaining questions or concerns related to their needs assessments.

- If any of the requested data is not available, please indicate this in the appropriate form field.
- Please indicate the age range of the teens on which you are reporting in each form field.
- Please site your data sources in each form field.

1. What teen pregnancy and teen risk behavior data sources are available in your community?
2. What is the teen pregnancy rate in your community?
3. How has the teen pregnancy rate changed in your community over the past 10 years?
4. What is the birth rate among teens in your community?
5. How has the teen birth rate changed in your community over the past 10 years?
6. What are the rates for sexually transmitted infections (i.e. Chlamydia, Gonorrhea, and Syphilis) among teens in your community?
7. How have the rates for sexually transmitted infections among teens changed over the past 10 years?
8. What does survey data (e.g. YRBS) indicate about teen sexual behavior and use of condoms and other contraceptives in your community? How does your community data differ from state data on these indicators?
9. Do any of the data indicate that certain teens (e.g. racial or ethnic minorities, young teens vs. older teens, etc.) are at greater risk than others? How so?
10. What percentage of children are living below 100% of the federal poverty level in your community?
11. Considering all of the data, what do they indicate about teen pregnancy in your community overall? Can you identify a specific priority population? Which of their sexual risk-taking behaviors are amenable to change (increased condom use, delay age of sexual onset, decrease number of sexual partners, decrease frequency of sexual intercourse)?

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12. Please have your consortium complete the following exercise and submit their collective/consensus response.

- Think about the youth in your community. What are some of the risk factors they face – characteristics of their environment, community, family, school, and personal characteristics? What factors make life hard, challenging, unsafe, etc. for these youth? Write these factors in the “Risk Factors” box below using data to support your claims where available/appropriate.

**Risk Factors**

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- Next, what are some of the protective factors that these youth have – characteristics of their environment, community, family, school and personal characteristics? What factors help to make these youth resilient, safe, hopeful, etc. Write these factors in the “Protective Factors” box below using data to support your claims where available/appropriate.

**Protective Factors**

### **III. Statement of Need**

In 500 words or less, please describe your community's need for this CityMatCH training. (Note: ONLY the first 500 words will be reviewed.)

**Reminder:** Please join us on March 3, 2010 for an “I think my community might apply” conference call.

- **Time:** 3:00 - 4:30pm Eastern (2 CT, 1 MT, 12 PT)
- **Dial:** 866-740-1260
- **Access Code:** 5617526



Thank you for taking the time to submit the above information – we appreciate your investment for the health and well-being of youth in your community!

CityMatCH will be in touch with all applicants to provide notice on or before March 22, 2010.